

Almonds & Asana Complete Baby Registry Guide

*The easiest, fastest, most sure-fire way
to capture all of your baby registry
essentials is via a checklist!*

VICTORIA COHEN

More About The Items I Suggest, Plus How & Why I Created This Guide

Navigating the world of parenthood is hard, and it starts during the time that you are preparing to welcome a new babe (or babes!) into your home. Whether you are a pregnant mom, a helpful partner, or stocking up for an adopted/surrogate baby, you will assuredly be scrambling to get up on everything you think you need before the big arrival.

When I was in this phase myself, I relied on a myriad of others who had done it before me, friends, family, friends of the family, family of friends, you name it! I got tidbits of everyone's lists, favorites, must have's, and must avoid. The truth is, many items you have to test on your baby to know if it works for him/her but there are a number of staples that you are going to want to have on hand, or at least have some version of to test out when the kiddo arrives.

Most of the items I have selected fall in the midrange category, I wanted items that were durable and good quality without breaking the bank or being absurdly pricey for something with such a short lifespan. That said, some items are worth ponying up for if they mean a safe and happy baby.

The most important thing about this list, whether or not you choose each version or not, is to use it as a reference guide for all of the items you don't want to forget to have on hand.

I hope this guide serves you well and takes a bit of the researching stress off your back, remember there will be enough chaos when baby arrives so take some "me" time now!

Happy Registering,
Victoria

Top Tips & Tricks

- 1) If you know you will have items from multiple retails, use BabyList as a great way to consolidate your Registry in one place (see following pages for setting that up)
 - 2) Regardless of whether you use BabyList or specific retailers here are some key learnings:
 - Choose retailers with excellent return policies. Amazon, Target, and Norstrom are top of the list. BuyBuy Baby is good as well.
 - If you use BabyList, and you want your friends or family to purchase only from certain retailers be sure to note that in the notes section of each item or let them know some other way. Many companies such as Nuna or 4Moms only allow credit to their site or can only put the money back on the original card the purchase was made on. This leaves you in a tricky spot if you need to return something because you don't need it or have duplicates.
 - If you have family members that might buy "big ticket items" try to talk to them before they make the purchase to confirm all of the correct details and so that they buy from the right retailer. For instance, if you want your car seat installed by Galt Baby you need to buy your car seat through their website, not the manufacturer. Otherwise, it's a nice \$75 fee to install.
 - I have tried my best to mostly provide links to companies with a good exchange or return policies but double check on your own before adding.
 - 3) There are many items that will seem redundant, however I would go ahead and register for many of them if you think you have friends and family who will purchase them because each baby is different in terms of preferences and needs and you may have to try an array of solutions!
- * This guide is intended for the purchaser of the document and should not be shared or redistributed.**

Step-By-Step Guide To Creating Your BabyList Registry

1) Go to BabyList.Com

2) Click on the button "Create Your Babylist"

3) Enter information - Name, Email, Password

4) Enter optional information - partner's name, due date, how you heard about BabyList

5) Follow instructions to DRAG & DROP the BabyList Button into your favorites bar (this is essential!)

6) Give the button a test by going to a website with a gift you want, and then clicking the button in your favorites. It should AUTOMATICALLY add this item to your registry. Voila!

7) You can add items from websites outside of BabyList or use BabyList store to search for items.

Of course, I am already providing you a comprehensive list of items but feel free to search & add too!

Category	Item	Quantity	Notes	Purchased (Name)	Thank You (Y/N)
Nursery	<u>Crib</u>	1			
Nursery	<u>Crib Mattress</u>	1			
Nursery	<u>Crib Mattress Sheets</u>	2			
Nursery	<u>Crib Safe Breathable Bumper</u>	1	Optional. Bumpers are NOT advised for safety reasons but if you really want one this is an option to keep binkys in the bed when they are older.		
Nursery	<u>Humidifier</u>	1			
Nursery	<u>Changing Pad</u>	1			
Nursery	<u>Changing Pad Covers</u>	2			
Nursery	<u>Nursery Nightlight & Thermometer</u>	1			
Nursery	<u>Diaper Pail</u>	1			
Nursery	<u>Nursery Quilt</u>	1			
Nursery	<u>Nursery Area Rug</u>	1			
Nursery	<u>Nursery Glider</u>	1			
Nursery	<u>Baby Monitor</u>	1			
Nursery	<u>Nursery Sound Machine</u>	1			
Nursery	<u>Snuggle Me Organic</u>	1	Or the <u>Dock A Tot</u> . I registered for the Dock A Tot but after seeing reviews of the two wish I had done the Snuggle Me Organic		
Nursery	<u>Simple Muslin Burp Cloth</u>	2	Could get all of the same, or the below for variety		
Nursery	<u>Pattern Muslin Burp Cloth</u>	3			
Feeding	<u>Nursing Pads</u>	1			
Feeding	<u>Nursing Pillow</u>	1			
Feeding	<u>Formula</u>	5	Optional. The hospital will give you some but smart to have a few days/weeks supply on hand		
Feeding	<u>Rubber Bib</u>	1			
Feeding	<u>Cloth Bibs</u>	1	3 pack		
Feeding	<u>Toddler Plate Set</u>	1	4 pack		
Feeding	<u>Toddler Bowl Set</u>	1	4 pack		

Category	Item	Quantity	Notes	Purchased (Name)	Thank You (Y/N)
Feeding	<u>Toddler Sippy Cup</u>	2			
Feeding	<u>Snack Containers</u>	1	3 pack		
Feeding	<u>Breast Milk Storage Solution</u>	1			
Feeding	<u>Breast Pump</u>	1	This really depends on what your insurance covers. Make sure to call them and find out. Recommend cordless if you have the option		
Feeding	<u>Tall Infant Bottles</u>	1	3 pack		
Feeding	<u>Short Infant Bottles</u>	1	4 pack		
Feeding	<u>Bottle Drying Rack</u>	1			
Feeding	<u>Bottle Warmer</u>	1			
Feeding	<u>Bottle Sterilizer</u>	1			
Feeding	<u>High Chair</u>	1			
Feeding	<u>Portable High Chair</u>	1			
Bathing	<u>Sink Tub Insert</u>	1			
Bathing	<u>Free Standing Bathtub</u>	1			
Bathing	<u>Bath Tub Mat</u>	1			
Bathing	<u>Bath Spout Cover</u>	1			
Bathing	<u>Bath Toys</u>	1			
Bathing	<u>Hooded Towel</u>	1-2			
Bathing	<u>Washcloths</u>	1	3 pack		
Bathing	<u>Shampoo Rinser</u>	1			
Travel & Transportation	<u>Stroller</u>	1			
Travel & Transportation	<u>Second Lighter Travel Stroller</u>	1	optional		
Travel & Transportation	<u>Infant Car Seat</u>	1	this car seat requires an adapter and but fits into both of these strollers		
Travel & Transportation	<u>Car Seat Adapter for Stroller</u>	1	May not need based on stroller & car seat selection		
Travel & Transportation	<u>Car Seat Adapter for Lighter Travel Stroller</u>				

Category	Item	Quantity	Notes	Purchased (Name)	Thank You (Y/N)
Travel & Transportation	<u>Stroller Hand Mittens</u>	1	For parents in cold weather		
Travel & Transportation	<u>Stroller Sack</u>	1	For children in cold weather		
Travel & Transportation	<u>Body Wrap Baby Carrier</u>	1			
Travel & Transportation	<u>Front & Back Convertible Baby Carrier</u>	1			
Travel & Transportation	<u>Car Backseat Baby Mirror</u>	1			
Travel & Transportation	<u>Car Sun Shades</u>	1			
Travel & Transportation	<u>Stroller Blanket</u>	2			
Travel & Transportation	<u>Multi Use Cover</u>	2			
Travel & Transportation	<u>Travel Crib/Pack N Play</u>	1			
Travel & Transportation	<u>Travel Crib Sheets</u>	1			
Health & Safety	<u>Pacifier Disinfecting Box</u>	1			
Health & Safety	<u>Baby Nail Trimmer</u>	1			
Health & Safety	<u>Baby Sleep Aide</u>	1			
Health & Safety	<u>Baby Tummy Relief Drops</u>	1			
Health & Safety	<u>Baby/Toddler Toothbrush</u>	1			
Health & Safety	<u>Safety Swabs</u>	1			
Health & Safety	<u>Infant Motrin</u>	1			
Health & Safety	<u>Infant Tylenol</u>	1			
Health & Safety	<u>Complete Infant Nursery Kit</u>	1	may have redundancies, a good option instead of buying separate items or to have for travel or keep in the car etc.		
Health & Safety	<u>Lotion</u>	1			
Health & Safety	<u>No Rinse Cleansing Water</u>	1			
Health & Safety	<u>Shampoo</u>	1			

Category	Item	Quantity	Notes	Purchased (Name)	Thank You (Y/N)
Health & Safety	<u>Cleansing Wipes</u>	1	3 pack		
Health & Safety	<u>Sunscreen</u>	1			
Health & Safety	<u>Moisturizer</u>	1			
Health & Safety	<u>Vaseline</u>	1			
Health & Safety	<u>Saline Drops</u>				
Health & Safety	<u>Aquaphor</u>	1			
Health & Safety	<u>Snot Sucker</u>	1			
Health & Safety	<u>Termometer</u>	1			
Toys/Gear	<u>Play Mat Rug</u>	1			
Toys/Gear	<u>Play Gym</u>	1			
Toys/Gear	<u>Bumbo Floor Seat</u>	1			
Toys/Gear	<u>Sophie</u>	1			
Toys/Gear	<u>Moving Bassinet</u>	1	optional		
Toys/Gear	<u>Infant Pacifier & Toy</u>	1			
Toys/Gear	<u>Newborn Lounger Pillow</u>	1			
Toys/Gear	<u>Baby Swing</u>	1			
Toys/Gear	<u>Rock N Play</u>	1			
Toys/Gear	<u>Bouncer</u>	1			
Toys/Gear	<u>Front Facing Swing Cushion</u>	1	an attachment for babies with colic or reflux		
Clothing	<u>Newborn Kimono Jumpsuit</u>	6			
Clothing	<u>Newborn Stretch Pants</u>	6			
Clothing	<u>Newborn Footed Pajamas</u>	6			
Clothing	<u>Newborn Long Sleeve Simple Kimono</u>	6			
Clothing	<u>Newborn Long Sleeve Simple Kimono</u>	6			
Clothing	<u>Soft Baby Hats</u>	3			
Clothing	<u>Fall/Winter Beanie</u>	3			

Category	Item	Quantity	Notes	Purchased (Name)	Thank You (Y/N)
Clothing	<u>Infant Socks</u>	6			
Clothing	<u>Merlin Magic Suit 3-6 months</u>	1			
Clothing	<u>Miracle Swaddle</u>	4			
Diapering	<u>Diapers</u>	68	68 in a super pack. Will use 6-8 per day, many hospitals will send you home with some as well.		
Diapering	<u>Wipes</u>	336	336 in a large pack. Can always start with less if you want to test them out then order more if you like that brand.		
Diapering	<u>Butt Paste</u>	1			
Diapering	<u>Diaper Bag</u>	1			
Diapering	<u>Grab & Go Changing Station/Mat</u>	1			
For Mom	<u>Nighttime Nursing Bras</u>	3			
For Mom	<u>Daytime Nursing Bras</u>	3			
For Mom	<u>Nursing Nightgown/ Comfy Dress</u>	2			
For Mom	<u>Lightweight Kimono House Robe</u>	1			
For Mom	<u>Nursing Tank Tops</u>	3			